

### Who are we?

We are a Christian run organisation offering a counselling service to men and women of all ages. We are part of the Sycamore Tree Trust a local charity which has several areas of work locally

The Acorn Centre has been open since the end of January 1995. We offer various areas of work. These are:

- Work within all areas of pregnancy (full details on back page)
- Counselling work with young people
- A limited general counselling service based within the centre,
- We have also completed a commission to research the needs of lone teenage parents within Nuneaton and Bedworth for Warwickshire County Council.

We are not a medical centre and requests for medical help are referred to either local doctors or family planning clinics. We have a full policy document, which is available on request to read.

### Training

We have a tiered training requirement within the centre:

- All our volunteers that carry out pregnancy tests will use counselling skills to work with these clients. All will have completed our in-house training course and in addition have a certificate in counselling skills.
- All other counsellors will either hold a Diploma in Counselling or be counsellors on placement within the agency.

Within the agency our counsellors and volunteers are encouraged to attend further training courses in both miscarriage and post-abortion work to be able to help in these areas.

All our training courses are run by our co-ordinator with trainers for specialist areas (contraception and adoption) are brought in.

It is a basic requirement that all volunteers and paid staff attend supervision consistent with BACP guidelines. Supervision is offered internally to all our volunteers and we also offer external supervision. Further details on request

We are committed to improving the standard of our services whether it is the structure of our organisation or care for our volunteers to recognised standards and to this end we are very proud to say we have achieved PQUASSO Level One and are now working towards Level Two.

Below follows a short outline of the work we carry out:

### Services offered

- ◆ Pregnancy testing
- ◆ Counselling around the results of tests
  - Adoption
  - Abortion
  - Parenting
  - Family support and counselling following all of the above
  - Access to contraception (where)
  - Sexual Infections (where to access to help)
  - Support and counselling around a negative test
- ◆ Post abortion counselling
- ◆ Miscarriage counselling
- ◆ Still birth counselling
- ◆ Traumatic birth counselling
- ◆ Termination for foetal abnormality
- ◆ Post natal depression counselling
- ◆ Infertility counselling
- ◆ Parenting skills (young parents)
- ◆ Adoption support for birth mother
- ◆ Couples going through adoption process
- ◆ Relationship work for couples affected by either baby loss or infertility
- ◆ Counselling services for young people

As an agency we try to be involved with supporting multi agency approaches and as a result of this, we are part of the following initiatives:

- Teenage Pregnancy groups (Warwickshire)
- Baby Loss support group (George Eliot Hospital)
- Maternity Services Liaison Committee (George Eliot Hospital)

### **Other Agencies**

We actively seek to work with other agencies and have built up relationships with several. Clients are told about us by GP's, Health Visitor's, and Mental Health Units, and of course previous clients.

We can be found at:

The Acorn Centre  
Riverside  
1 Bond Street  
Nuneaton  
CV11 4DA  
Tel no: 02476381878

We are open on

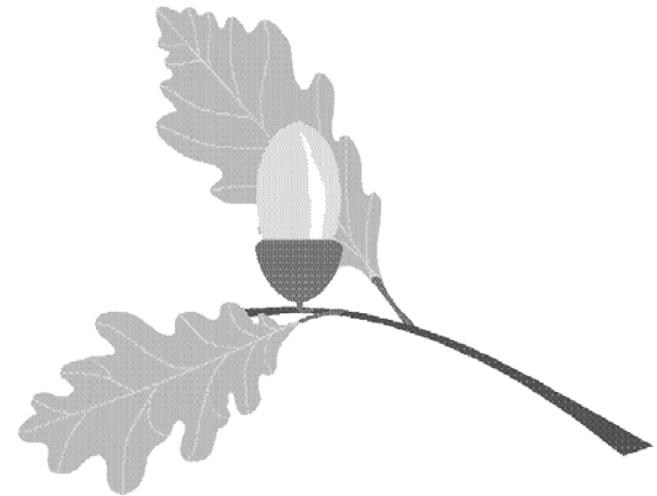
Monday	10 am – 2 p.m.
Wednesday	10 am – 2 p.m.
Friday	10 am – 2 p.m.

*Other times can be arranged by appointment*

If you would like further information about us or would like to visit our centre  
Then please telephone the centre and ask for Jane Brown, Co-ordinator.

Our telephone number is  
024 76 381878.

## THE ACORN CENTRE



### Who are we?

E-mail [acorncentrenun@btconnect.com](mailto:acorncentrenun@btconnect.com)  
[www.acorncentrenuneaton.co.uk](http://www.acorncentrenuneaton.co.uk)

*The Acorn Centre  
Registered Charity Number 1136087*